

Employers worldwide are searching for ways to control escalating healthcare costs. It's a simple fact that healthier employees cost less to insure and are more productive. The million-dollar question: How do you create healthier employees?

The Fitness Club at Midway has the answers for your organization. Our proven health and wellness programs can integrate seamlessly with your existing programs to produce demonstrated results. We bring unparalleled experience, efficiency and innovation to your specific situation.

The Fitness Club serves the Dallas-area businesses, helping them to become more productive, while lowering their overall costs. Our corporate programs are based on two simple facts:

Healthy employees are more productive, and  
It costs less to prevent injuries or illnesses than to treat them after they occur.

**OUR GIFT TO YOU**

Please include the enclosed gift certificates in your employee's payroll envelope as our Healthy Gift to your organization. We can supply you with as many as there are employees. For more gift certificates, or to have one of our professional consultants give your organization a FREE Wellness Proposal call The Fitness Club at 972-267-2626. Our Dallas location is located at 18110 Midway Road, that's just right around



972-267-2626  
  
18110 Midway Road  
Dallas Texas 75287

# GIFT CERTIFICATE

*This certificate entitles:* \_\_\_\_\_

*To: A 10 Day V.I.P. Membership Card* \_\_\_\_\_

From: \_\_\_\_\_

Expires: December 31st 2007

**10 Day  
Pass**

First Time Trial Members

Not redeemable for cash. Must use by December 31st 2007



972-267-2626  
  
18110 Midway Road  
Dallas Texas 75287

# GIFT CERTIFICATE

*This certificate entitles:* \_\_\_\_\_

*To: A Complete Body Composition Analysis* \_\_\_\_\_

From: \_\_\_\_\_

Expires: December 31st 2007

**\$150  
Value**

First Time Trial Members

Not redeemable for cash. Must use by December 31st 2007